



**ABSOLUTE**  
COSMETIC MEDICINE

## IPL THERAPY FOR SKIN REJUVENATION INFORMATION SHEET

### **WHAT IS IPL?**

IPL (Intense Pulsed Light) is a non-invasive medical technology that uses light therapy to eliminate varicose veins, spider veins on the legs and face, as well as other pigmented conditions, including signs of photo-aging.

### **HOW DOES IPL WORK?**

IPL generates intense pulsed light, which safely destroys unsightly visible veins so they fade and slowly disappear. Treatment is applied by placing a hand-held treatment unit on your skin.

### **CAN ALL TYPES OF LEG VEINS BE TREATED?**

Your Doctor can determine if your condition is suitable for IPL treatments. This may require a consultation visit.

### **WILL TREATMENT HURT?**

Treatment feels like a pinch or a snap of an elastic band. Local anaesthesia or pain medication is not required.

### **ARE THERE SIDE EFFECTS?**

You may experience some side effects, which generally last only a short time. This may include light reddening of the skin or local swelling, which goes away within a few days. In rare instances, there may be transitory blistering or burning. Longer lasting side effects may include temporary changes in skin colour, which last up to several months.

### **HOW MANY TREATMENTS ARE REQUIRED?**

Usually 4-6 treatments are required, depending on the severity and density of veins. Each session generally lasts 15-20 minutes.

### **WILL INSURANCE COVER MY TREATMENT?**

Your Doctor and insurance company can answer this question. Treatments of a cosmetic nature are often not covered.

### **ARE THERE RESTRICTIONS ON MY ACTIVITY AFTER TREATMENT?**

You can return to work the same day and resume all regular activities. You should limit exposure to the sun, which is always a good idea.