

## **Patient After Care Information**

### **Clear & Brilliant Laser**

What to expect directly after a treatment:

You can expect redness and subtle inflammation to the treated area. This commonly resolves within a few hours or may last until the following day.

Icepacks can be used to relieve symptoms of heat, itching and swelling. Avoid direct contact with the skin.

Your skin may turn slightly darker, feel dry like sandpaper, and flake. This should resolve within a week after treatment.

Wear sunscreen and a hat when outside. Avoid direct sun exposure during your treatment period.

Allow your skin to heal. Do not rub, scrub or exfoliate the treated area. Use a bland cleanser and moisturiser during this time.

If the skin is broken, or you develop a scab or blister, apply Vaseline or a 1% hydrocortisone cream (e.g. Dermaid), available over the counter from pharmacies. If signs of infection develop (redness, pain or pus) contact us immediately.

Makeup can be applied as long as the skin is not broken, and can lessen the appearance of redness.

If you have any questions or concerns please do not hesitate to contact us immediately on 08 9389 9099.