



**ABSOLUTE**  
COSMETIC MEDICINE

## DERMAL FILLER CONSENT

**ONLY SIGN IF YOU FULLY AGREE AND UNDERSTAND**

PATIENT'S NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Dermal Filler is HA in the form of a gel. HA is a natural base substance (a complex sugar) that stabilises the skin structure, attracts and binds water, and contributes to the elastic properties of the skin hence volumizing the skin. Injections of HA into the skin are thought to replenish its natural support structures damaged by aging. Dermal fillers are commonly used for filling in facial wrinkles, hollows and lip augmentation. They are listed on the Australian Register of Therapeutic Goods (TGA), as such, a Doctor must see you and prescribe the first treatment.

Your injector will apply ice and /or a topical anaesthetic agent to the area to be treated to reduce the discomfort from the injections. Local anaesthetic injections can also be used which can rarely cause complications or allergies.

You should not apply make-up for twelve (12) hours after the injection and should avoid prolonged exposure to sunlight, UV light, freezing temperatures or extreme heat (e.g. saunas or Turkish baths) for two weeks after the injection.

Injections or dermal fillers may cause some side effects, discussed below. Although the risk of developing a serious complication is small, your Doctor will monitor you closely. Should a complication occur, they will use their best medical judgement to do whatever is necessary to treat the problem. It is important that an experienced cosmetic doctor is available for any concerns.

Side effects associated with the use of dermal fillers are most commonly temporary injection site reactions, which may on average last up to two weeks. Patients may experience injection site redness, pain, firmness / hardness, swelling, lumps / bumps, bruising, itching, discolouration and poor or weak filling effect. The following side effects have also been reported with HA dermal fillers and therefore should be taken into account; skin necrosis, abscess formation, granuloma, hypersensitivity and blindness (usually seen with inexperienced injectors).

If you have previously had a permanent dermal filler implanted you should notify your Doctor prior to receiving injections or dermal fillers.

If you experience any severe discomfort as a result of treatment, you should notify your Doctor immediately. If necessary, appropriate treatment may be prescribed.

The possibility of unknown side effects exists. The safety of HA dermal fillers for use during pregnancy, in breastfeeding females, in patients under 18 years old and in patients with increased susceptibility to keloid formation and hypertrophic scarring has not been established.

Over time, HA gel is gradually and naturally degraded in the human body. The effect of the dermal fillers generally lasts for three to six months or longer. Follow-up treatments are needed to maintain the effects of dermal fillers. When the swelling settles some patients think the product has gone. Usually this means you want a higher volume.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand, the above paragraphs, I have had sufficient opportunity for discussion and to ask questions. I consent to this dermal filler treatment today and for all subsequent treatments. I agree to be a realistic and compliant patient.

PATIENT'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

WITNESS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I cannot dispute what I have read, agreed to and signed above . If I do then I agree to pay all costs incurred by ACM if I breach this agreement.

I agree to follow the ACM social media policy and pay all costs incurred by ACM if I breach this policy.

I understand that photographs are for clinical use only. I am responsible for taking my own photographs for my records.  
(please initial) \_\_\_\_\_