



ABSOLUTE
COSMETIC MEDICINE

FAT TRANSFER INFORMATION AND CONSENT

ONLY SIGN IF YOU FULLY AGREE AND UNDERSTAND

WHAT IS FAT TRANSFER?

Fat Transfer is a permanent placement of a patient's own fatty tissue to correct and improve a line or contour such as lip augmentation, nasolabial lines, chin, cheeks, scars, buttocks and breast area.

This method allows your own tissue to be sculpted in a realistic, three-dimensional fashion. As the grafted fat cells become integrated with the existing depleted tissue it is very difficult to see or even feel the newly grafted cells, aside from the overall improvement detectable by photography.

First an amount of fat is harvested from an area eg: abdomen or outer thighs - usually 20-30ml, under local anaesthesia. This collected fat is then treated, refined and reinserted into the area required under local anaesthesia.

The procedure has minimal discomfort and usually takes around 45 minutes.

Several small, well hidden, cuts are made to the tissue to allow the implantation process to proceed. These areas will heal within a few days and will rarely leave any marks.

In some areas, the process will need to be repeated 2-3 times to give the best correction. The fat will often be permanent in these areas but as ageing continues, so will the reduction in contours and further procedures may be necessary in later years.

Prolonged swelling, bruising and redness is possible but usually only lasts around 1-3 weeks. Occasional uneven filling and lumpiness can occur but are usually corrected with subsequent procedures. Infection is possible but not common. Antibiotics are given prior to and after the procedure.

Multiple areas may be corrected during one sitting, but over correcting any individual area in one sitting must be avoided, thus the need for several sessions in some individuals.

PLEASE INITIAL TO INDICATE YOU ARE AWARE OF THE FOLLOWING:

- Fees from \$1 320 for first procedure (one area) _____
- \$660 for subsequent procedures "top ups" _____
- Single or multiple procedure _____
- Donor site(s) _____
- Scars - incision sites _____
- Anaesthesia and its complications _____
- Skin preparation _____
- Post-operative care _____
- Follow-up appointment _____
- Photos (these are for our records, you must take your own for your records) _____

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