



ABSOLUTE
COSMETIC MEDICINE

MICRODERMABRASION INFORMATION AND CONSENT

ONLY SIGN IF YOU FULLY AGREE AND UNDERSTAND

TREATMENT FOR:

- ACTIVE ACNE
- AGING AND SUN DAMAGE
- ACNE SCARS
- PIGMENTATION MARKS (Suitable for Asian skins)
- STRETCH MARKS
- FINE LIP AND CHARACTER LINES
- ENLARGED PORES
- IMPROVING ECZEMA AND PSORIASIS CONDITIONS

HISTORY OF MICRODERMABRASION

Time, the environment, lifestyle and the natural aging process adversely affect our skin. As we age, fibroblast (cellular) activity decreases and the skin's strength and elasticity wanes. Lines and wrinkles appear and the blood flow decreases. The production of new skin cells drops dramatically.

Earlier versions of this technique employed a rotating wire brush or diamond wheel to sand down the skin's irregular surface, however, overheating of the skin caused burns. This new microdermabrasion method was developed as a safer device and has been used in Europe since 1986.

THE TECHNIQUE

Microdermabrasion employs a modern mechanical exfoliation and gentle aspiration technique to resurface the skin. A diamond-tipped abrasive disk is guided over the skin, erasing the layers at varying depths in a controlled manner, minimising skin trauma.

THE RESULTS

The non-invasive technique respects the skin's integrity, minimises trauma and creates healthy, vital skin through promotion of new cell growth. It is possible to improve or eliminate many skin conditions and skin imperfections.

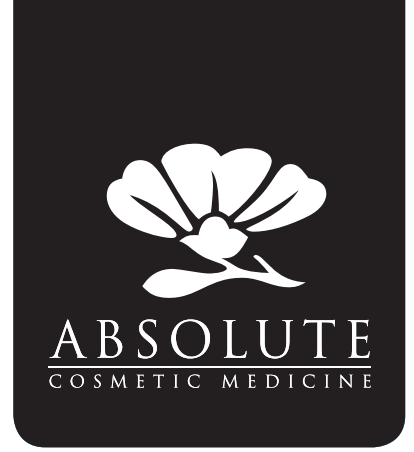
Microdermabrasion will help improve skin tone, produce softer skin, provide even skin colour and a healthy glow, refine skin pores, and offer a more youthful appearance. It reduces acne breakouts, renews elasticity and improves the neck and smile lines. Having 5-6 treatments separated by 1-2 weeks produces the best results.

ADVANTAGES

The procedure is painless, requires little or no healing time and is low risk. Usually you may return to work after the 30-minute treatment. Healing time is 1-24 hours with minimal or no peeling or flaking in most cases, although complications can occur.

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I (Name) _____

Of (Address) _____

Consent to microdermabrasion.

I am aware that the outcome is variable. The following side effects are possible:

- Scabbing
- Redness
- Pigmentation changes
- Scarring

Other complications specific to myself are possible and I release all staff of Absolute Cosmetic Medicine from any claims relating to this treatment.

Signed: _____

Witness: _____

Date: _____

I cannot dispute what I have read, agreed to and signed above . If I do then I agree to pay all costs incurred by ACM if I breach this agreement.

I agree to follow the ACM social media policy and pay all costs incurred by ACM if I breach this policy.

I understand that photographs are for clinical use only. I am responsible for taking my own photographs for my records. (please initial) _____