

## **Patient After Care Information**

### **Skin Tightening Treatments - Thermage and Ultraformer**

What results can I expect from an Ultraformer Treatment?

You can expect an immediate tightening of your skin in the treated area, as the heat from the Micro-focused ultrasound contracts the network of collagen fibres. You can also expect lift and tightening of sagging skin, improved elasticity, slimmer contour and rejuvenation of the skin.

What to expect directly after a treatment:

Heat and redness which may last up to a few hours after the treatment. Swelling, tingling or tenderness and residual bruising which may last a few days post treatment. In rare cases, you may experience temporary welts or numbness in the treated area.

It is important to keep the area aware from direct heat but NOT to cool or ice the skin at all for 24hrs post treatment as this takes away the inflammatory response we have tried to create in your skin to achieve optimal results.

A regular program treatment can be performed every 6-12months which will improve and maintain results.

If bruising develops use Hirudoid topical cream until bruises fade.

Book in for your 6 month review

If you have any concerns about your treatment please do not hesitate to contact us at Absolute Cosmetic Medicine on (08) 9389 9099.