

VASER^{smooth}TM

Pre-Treatment Instructions

Medication Instructions:

- NO Aspirin for 10 days prior to surgery.
- NO Ibuprofen (Motrin, Advil) or Naprosyn (Alleve) for five days prior to treatment.
- NO Vitamin E for two weeks prior to surgery.
- NO herbal supplements or fish oil for two weeks prior to the procedure.
- **You may take Tylenol or a prescribed narcotic medication if necessary.**

If you take COUMADIN, consult your primary care physician or cardiologist about the need to stop Coumadin for at least three days prior to treatment, however, it can be restarted one day after surgery.

If you take PLAVIX, consult your primary care physician or cardiologist about the need to stop Plavix for at least five days prior to treatment, however, it can be restarted five days after surgery.

If you are DIABETIC, take some juice prior to your procedure and do NOT take your oral diabetic medications the morning of the day of treatment. If you take insulin, consult your surgeon on the amount to take the morning of the procedure.

Patients taking medication for HIGH BLOOD PRESSURE should take their medication at the normal dose and schedule, including in the morning of treatment with a small sip of water. Bring your blood pressure medication with you the day of surgery in case additional medication is needed during the procedure.

NO FOOD FOR EIGHT HOURS PRIOR TO TREATMENT AND NO LIQUIDS FOR FOUR HOURS PRIOR TO TREATMENT.

You will need to be at the office at _____ ON _____.

On the day of treatment, do NOT bring any valuables to the office. Wear comfortable clothing, such as sweat pants. Take a shower the morning of surgery, but do NOT wear makeup, lotion, nail polish, perfume, or cologne.

Medications will be called in to your pharmacy prior to the procedure. Bring your medications to the office, but do not take any until you arrive.

Patients should have someone drive them home from the office after the procedure. Please give us your driver's cellular phone number the day of treatment.