



Jett Plasma Aftercare

A procedure carried out with Jett Plasma generates abrasion or ablation of the skin, which makes daily care afterwards for the skin **essential**.

NOTE

The recovery time may vary from patient to patient, depending on how aggressive the treatment and how well the skin is looked after prior to and following treatment.

The following high standards of hygiene must be implemented at all times:

- Wash hands thoroughly before gently washing and or moisturising the treated skin area
- Try to avoid touching the treated area as much as possible
- DO clean the treated area once or twice a day with a solution composed of 50% plain white vinegar, and 50% cooled boiled water, using cotton balls. Wipe once *gently* with each ball and discard.
- DO apply chlorsig ointment 3 x daily after cleansing for the first 3 days post treatment.
- DO apply STRATAMED ointment 2-3 x daily to treated area *after* the first 3 days, and until completely healed - this will improve healing and outcome.
- Avoid direct sun exposure to treated area for 72 hours post
- Avoid any active skin care in treated area for 5 days post
- Avoid any retinol (eg retinols) in area for 10 - 14 days post
- At all times avoid scratching, picking and feeling the skin as this may result in scarring or infection
- Do not apply makeup to treated area for 48 hours post treatment
- Avoid strenuous exercise or anything that may make you perspire in the first 48 hours
- Avoid alcohol for 24 hours post
- For pain take paracetamol (Panadol) but only the recommended dose.
- If your doctor has recommended oral antibiotics (eg country patients), take these until finished.

If at any time you are concerned about the healing of the area treated, be sure to contact Dr David Syed immediately on 0402 291 967 by phone or text. Alternatively, please contact reception on 9389 9099 or reception@absolutecosmetic.com.au