



# DERMAPLANING AFTERCARE

## WHAT TO EXPECT AFTER TREATMENT

You may experience some redness, subtle inflammation and light peeling to the treated area which will last 24-48hrs. It is normal to feel like you are sunburnt and this sensation should settle within a few hours.

You may experience some itching post treatment.

Avoid exercise and heat-induced activities for 24hrs post-treatment.

Avoid other skin care treatments, eg chemical peels/microdermabrasion/needling/waxing for 2 weeks pre and post dermaplaning.

Avoid the use of Retinol and Kligmans during treatment.

Care should be taken to prevent trauma to the treated area for 4-5 days post-treatment.

Do not exfoliate until one week post treatment. When recommencing your regular skin care regime, test first in a hidden area, such as under your chin. It is common for your skin to tingle, especially with active skincare products post treatment, as absorption levels are elevated in the skin.

Do not pick or scratch the treated area to avoid infection. If the skin is broken or a scab appears, apply Vaseline or Dermeze, available over the counter from Pharmacies. If signs of infection develop (redness, pain or pus) contact us immediately.

Make-up can be applied directly after treatment as long as skin is not broken.

Sunscreen SPF 50+ UVA and UVB should be applied and used prior to exposure to sunlight. Try to limit or avoid your exposure to sunlight.

**If you have any questions or concerns, please do not hesitate to contact us immediately on 08 9389 9099.**